

# THE CENTER FOR CONTEMPORARY DANCE CLASS SCHEDULE

Initial Release  
 April 5, 2010

**SUMMER SEMESTER 2010: Monday, May 10th – Saturday, August 14th**

Schedule is subject to periodic changes. Please check with a Center Director or visit us online for updated class information. A minimum of 6 students is required to conduct a class.

In observance of Memorial Day, The Center will be closed Sat.-Mon., May 29<sup>th</sup>-31<sup>st</sup>. • In observance of Independence Day, The Center will be closed Sat.-Sun., July 3<sup>rd</sup>-4<sup>th</sup>.

**New Students – Your First Class is Complimentary! ♦ Current Students – Register a Friend and Receive a Free Class!**

Sunday	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B
	10-11am Nia Technique (Teen – Adult)	<b>10am-6pm</b>		<b>10am-6pm</b>	9:30-10:30am Nia Technique (Teen – Adult)	<b>10am-6pm</b>	10-10:50am Move It, Baby! Ages 2 – 3	<b>10am-6pm</b>		<b>10am-6pm</b>	10-10:50am Creative Movement (Ballet/Acro) Ages 3 – 5	10-11am Ballet Workout (Teen – Adult)
	11am-12:30pm Advanced Stretch & Flexibility (Teen – Adult)						11am-12:30pm Advanced Contemporary (Teen – Adult)					
Noon-3pm Patelworks Rehearsal	3:30-4:20pm Move It, Baby! Ages 2 – 3	<b>Separate Schedule</b>	3:30-4:20pm Creative Movement (Ballet) Ages 3 – 5	<b>Separate Schedule</b>	3:30-4:20pm Creative Movement (Ballet/Acro) Ages 3 – 5	<b>Separate Schedule</b>	3:30-4:20pm Creative Movement (Multi-Discipline) Ages 3 – 5	<b>Separate Schedule</b>	2-4pm Patelworks Rehearsal	<b>Separate Schedule</b>	Noon-1pm Teen Hip Hop Ages 12 – 16	<b>Noon-3pm Master Class and Workshop Series</b>
↓	4:30-5:30pm Dance Cardio Ages 6 – 12		4:30-5:30pm Dance Cardio Ages 6 – 12		4:30-5:30pm Dance Cardio Ages 6 – 12		4:30-5:30pm Dance Cardio Ages 6 – 12		4:30-5:30pm Dance Cardio Ages 6 – 12		4:30-5:30pm Dance Cardio Ages 6 – 12	4:30-5:30pm Dance Cardio Ages 6 – 12
3-6pm Moore Dance Project Rehearsal	5:30-6:30pm Elementary School Hip Hop Ages 7 – 12		5:30-6:30pm Beginner Tap (Teen – Adult)		5:30-6:30pm Elementary School Jazz Ages 7 – 12		5:30-6:20pm Creative Movement (Multi-Discipline) Ages 4 – 7		5:30-6:30pm Elementary School Modern Ages 7 – 12		4-6pm U-Turn Dance Company Rehearsal	3-6pm Moore Dance Project Rehearsal
↓	6:30-7:30pm Dance Basics (Teen – Adult)	6:30-8pm Intermediate Ballet w/ Pre-Pointe (Teen – Adult)	6:30-7:30pm Broadway Jazz (Teen – Adult)	6:30-7:30pm Beginner Modern (Teen – Adult)	6:30-7:30pm Intermediate Contemporary (Teen – Adult)	6:30-7:30pm Beginner Ballet (Teen – Adult)	6:30-7:30pm Latin Cardio (Teen – Adult)	6:30-7:30pm West African (Teen – Adult)	6:30-7:30pm Jazz Heat (Teen – Adult)	6:30-7:30pm Beginner Contemporary (Teen – Adult)	↓	↓
	7:30-8:30pm Intro to Asian Cultural Dance (Teen – Adult)	8-9pm Hip Hop Workout (Teen – Adult)	7:30-8:30pm Intermediate/ Advanced Modern (Teen – Adult)	7:30-8:30pm Total Body Burn (Teen – Adult)	7:30-8:30pm Extreme Dance Cardio (Teen – Adult)	7:30-9pm Advanced Technique Turns & Leaps (Teen – Adult)	7:30-9pm Nutrition Education Class	7:30-8:30pm Intermediate/ Advanced Jazz (Teen – Adult)				
				8:30-10:30pm Moore Dance Project Company Class		8:30-10pm Moore Dance Project Company Class		8:30-10pm Moore Dance Project Company Class				

**DRESS ATTIRE: Students must wear all BLACK dance attire to all classes. No jewelry or accessories. Hair must be pulled back and away from face.**

**Classes shaded in gray are closed to the public and available only to our professional performance ensembles and students in the Pre-Professional Program.**

For information about The Center’s audition-based **Pre-Professional Program**, please see a Center Advisor or visit us online at [www.TheCenterForDance.org](http://www.TheCenterForDance.org).

♥ **MoveFit Total Wellness Program** is part of the nationwide campaign to provide families with the tools for living stronger and longer. **MoveFit** is an integrative wellness program that combines dance aerobics, weight-bearing resistance training, nutrition education and creative expression. Ask for details about becoming a **MoveFit** member.

### **About The Center for Contemporary Dance**

A 501(c)(3) nonprofit organization that is home to five professional dance companies and an institute for dance education, The Center for Contemporary Dance is a leading production center for dance performance and arts education programs. Over the past 8 years, The Center for Contemporary Dance has supported emerging and seasoned artists in the creation and presentation of more than 170 new dance works. In addition to producing professional stage productions, The Center for Contemporary Dance develops specialty programs that reach child welfare organizations, underserved populations and our public schools. The organization receives funding from state and federal granting agencies, including United Arts of Central Florida and the National Endowment for the Arts, and has been featured on PBS, FOX News and other respected media outlets throughout the nation.

### **About The School**

The Center for Contemporary Dance prepares the next generation of dance artists through one of the most creative, comprehensive and intelligent programs in dance education. The Center's educators - all of whom are mature, industry professionals - serve as mentors who take students on an exciting journey to discover their individual voice in the dance arts. Throughout this journey, dance is contextualized as an artistic medium to actively explore stories, emotions and concepts. This is what allows the Artist to emerge.

In order to successfully facilitate this process, The Center for Contemporary Dance ensures that:

- All classes are conducted in accordance with The National Standards for Dance Education, with lesson plans and syllabi utilized for each class.
- All classes are conducted by educated professionals with more than 200 years of combined industry experience.
- All classes instill the practice of a personal creative process, reminding the dancer that s/he is an Artist with something important to share.
- Pre-professional students receive additional training in Artistic Development, Production, Composition, Management, Dance History and Audition Preparation.
- All students receive consistent and detailed feedback, so they may proactively address weaknesses and maximize strengths.
- Educators attend at least 3 workshops per year to enhance teaching methodologies and gain up-to-date information in safe, efficient approaches to dance education.
- Educators meet once each week, to review student progress reports and case-studies wherein approaches to education and problem-solving are shared.
- Educators must have a college degree in dance or commensurate industry experience of at least 15 years.
- Competitions and recitals are not part of programming, so that students may remain focused on the more holistic goal of artistic development.
- Performance opportunities are offered as semester-end concert presentations and apprenticeships in one of The Center's professional ensembles.
- Internships are available for exceptional students who wish to more deeply explore specific disciplines, including improvisation, composition and partnering.

By employing the above standards, The Center for Contemporary Dance has successfully prepared students for acceptance into the most prestigious dance programs throughout the nation, including the Julliard School, Point Park University and the Duke Ellington School of the Arts. To learn more, please call (407) 695-8366.